

The Emotions of Psalms



@vinechurchnetwork



Psalmist's Pathos: Bitterness



Psalm 56, *ESV*

1 Be gracious to me, O God, for man tramples on me; all day long an attacker oppresses me;
2 my enemies trample on me all day long, for many attack me proudly.
3 When I am afraid,
I put my trust in you.
4 In God, whose word I praise,
in God I trust; I shall not be afraid.
What can flesh do to me?
5 All day long they injure my cause;
all their thoughts are against me for evil.
6 They stir up strife, they lurk;
they watch my steps,
as they have waited for my life.
7 For their crime will they escape?
In wrath cast down the peoples, O God!

8 You have kept count of my tossings;
put my tears in your bottle.
Are they not in your book?
9 Then my enemies will turn back
in the day when I call.
This I know, that God is for me.
10 In God, whose word I praise,
in the LORD, whose word I praise,
11 in God I trust; I shall not be afraid.
What can man do to me?
12 I must perform my vows to you, O God;
I will render thank offerings to you.
13 For you have delivered my soul from death,
yes, my feet from falling, that I may walk
before God in the light of life.



**Context of Psalm:
1 Samuel 21: 10-15**



1 Samuel 21:10-15, *ESV*

10 And David rose and fled that day from Saul and went to Achish the king of Gath. 11 And the servants of Achish said to him, "Is not this David the king of the land? Did they not sing to one another of him in dances, 'Saul has struck down his thousands, and David his ten thousands'?" 12 And David took these words to heart and was much afraid of Achish the king of Gath."



Emotion



Volition



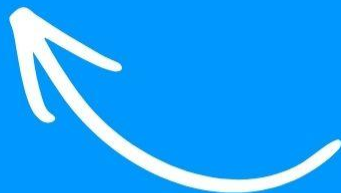


Psalmist's Processing



PSALM 56:1-2, ESV

¹ Be gracious to me, O God, for man tramples on me;
all day long an attacker oppresses me;
² my enemies trample on me all day long,
for many attack me proudly.



A FEARFUL SITUATION



Psalmist's Processing



PSALM 56:3-4, ESV

- ¹ Be gracious to me, O God, for man tramples on me;
all day long an attacker oppresses me;
- ² my enemies trample on me all day long,
for many attack me proudly.
- ³ When I am afraid,
I put my trust in you.
- ⁴ In God, whose word I praise,
in God I trust; I shall not be afraid.
What can flesh do to me?

A PRAYER OF TRUST

A large white arrow pointing from the text "A PRAYER OF TRUST" towards the text of Psalm 56:3-4.



PSALM 56:5-7, *ESV*

Psalmist's Processing

- ¹ Be gracious to me, O God, for man tramples on me;
all day long an attacker oppresses me;
- ² my enemies trample on me all day long,
for many attack me proudly.
- ³ When I am afraid,
I put my trust in you.
- ⁴ In God, whose word I praise,
in God I trust; I shall not be afraid.
What can flesh do to me?
- ⁵ All day long they injure my cause;
all their thoughts are against me for evil.
- ⁶ They stir up strife, they lurk;
they watch my steps,
as they have waited for my life.
- ⁷ For their crime will they escape?
In wrath cast down the peoples, O God!

AN APPEAL FOR JUSTICE





PSALM 56:8-9, *ESV*

Psalmist's Processing

¹ Be gracious to me, O God, for man tramples on me;
all day long an attacker oppresses me;
² my enemies trample on me all day long,
for many attack me proudly.
³ When I am afraid,
I put my trust in you.
⁴ In God, whose word I praise,
in God I trust; I shall not be afraid.
What can flesh do to me?
⁵ All day long they injure my cause;
all their thoughts are against me for evil.
⁶ They stir up strife, they lurk;
they watch my steps,
as they have waited for my life.
⁷ For their crime will they escape?
In wrath cast down the peoples, O God!

⁸ You have kept count of my tossings;
put my tears in your bottle.
Are they not in your book?
⁹ Then my enemies will turn back
in the day when I call.
This I know, that God is for me.



REMINDER OF GOD'S
KNOWLEDGE &
FAITHFULNESS



PSALM 56:10-11, ESV

Psalmist's Processing

¹ Be gracious to me, O God, for man tramples on me;
all day long an attacker oppresses me;

² my enemies trample on me all day long,
for many attack me proudly.

³ When I am afraid,
I put my trust in you.

⁴ In God, whose word I praise,
in God I trust; I shall not be afraid.
What can flesh do to me?

⁵ All day long they injure my cause;
all their thoughts are against me for evil.

⁶ They stir up strife, they lurk;
they watch my steps,
as they have waited for my life.

⁷ For their crime will they escape?
In wrath cast down the peoples, O God!

¹⁸ You have kept count of my tossings;
put my tears in your bottle.

Are they not in your book?

⁹ Then my enemies will turn back
in the day when I call.

This I know, that God is for me.

¹⁰ In God, whose word I praise,
in the Lord, whose word I praise,

¹¹ in God I trust; I shall not be afraid.
What can man do to me?



GOD WILL DELIVER ME!



PSALM 56:12-13, *ESV*

Psalmist's Processing

¹ Be gracious to me, O God, for man tramples on me;
all day long an attacker oppresses me;
² my enemies trample on me all day long,
for many attack me proudly.
³ When I am afraid,
I put my trust in you.
⁴ In God, whose word I praise,
in God I trust; I shall not be afraid.
What can flesh do to me?
⁵ All day long they injure my cause;
all their thoughts are against me for evil.
⁶ They stir up strife, they lurk;
they watch my steps,
as they have waited for my life.
⁷ For their crime will they escape?
In wrath cast down the peoples, O God!

¹⁸ You have kept count of my tossings;
put my tears in your bottle.
Are they not in your book?
⁹ Then my enemies will turn back
in the day when I call.
This I know, that God is for me.
¹⁰ In God, whose word I praise,
in the Lord, whose word I praise,
¹¹ in God I trust; I shall not be afraid.
What can man do to me?
¹² I must perform my vows to you, O God;
I will render thank offerings to you.
¹³ For you have delivered my soul from death,
yes, my feet from falling,
that I may walk before God
in the light of life.

OUR RESPONSE?
OBEDIENCE
THANKSGIVING
WORSHIP





Psalmist's Pointing to Jesus



JOHN 8:12, *ESV*

“Again Jesus spoke to them, saying, “I am the light of the world. Whoever follows me will not walk in darkness, but will have the light of life.””



1 JOHN 1:7, *ESV*

“But if we walk in the light, as he is in the light, we have fellowship with one another, and the blood of Jesus his Son cleanses us from all sin.”

ROMANS 8:32-34

“32 He who did not spare his own Son but gave him up for us all, how will he not also with him graciously give us all things? 33 Who shall bring any charge against God's elect? It is God who justifies. 34 Who is to condemn? Christ Jesus is the one who died—more than that, who was raised—who is at the right hand of God, who indeed is interceding for us.”

DANIEL 3:17-18

“our God whom we serve is able to deliver us from the burning fiery furnace, and he will deliver us out of your hand, O king. 18 But if not, be it known to you, O king, that we will not serve your gods or worship the golden image that you have set up.”

PSALM 34:4-9, 22

⁴I sought the Lord, and he answered me
and delivered me from all my fears.

⁵Those who look to him are radiant,
and their faces shall never be ashamed.

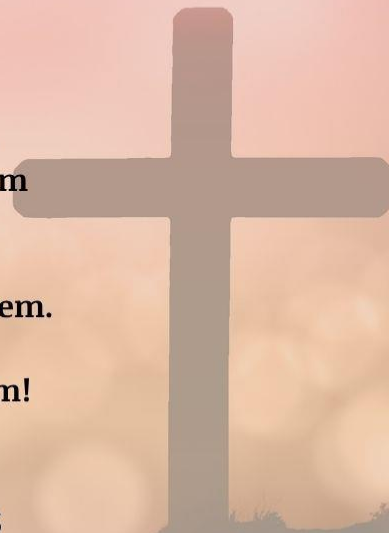
⁶This poor man cried, and the Lord heard him
and saved him out of all his troubles.

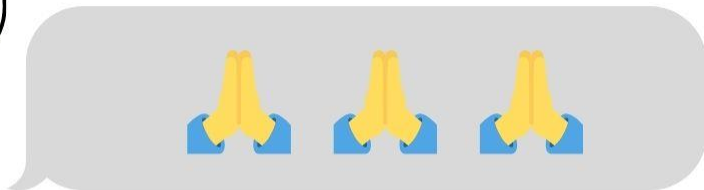
⁷The angel of the Lord encamps
around those who fear him, and delivers them.

⁸Oh, taste and see that the Lord is good!
Blessed is the man who takes refuge in him!

⁹Oh, fear the Lord, you his saints,
for those who fear him have no lack!

²²The Lord redeems the life of his servants;
none of those who take refuge in him will be condemned.





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